



Start and Stay Successful with ADHD

Dallas Regional Conference

Presented by

The Attention Deficit Disorder Association - Southern Region (ADDA-SR)

Hosted by Fairhill School, 16150 Preston Road, Dallas, TX 75248

Saturday, February 4, 2017

This conference is designed to address diagnostic and evaluation tools, provide current treatment information, teach behavior management techniques for home and classroom, present effective teaching techniques, train families to advocate, teach coping and compensating skills to adults and promote a positive attitude regarding this disorder. The general session speaker, Mike White, M.D., will address *Current Trends and the Positive Side of ADHD*. Breakout sessions will cover a wide variety of topics including behavior management, life skills, treatment, co-occurring conditions and classroom strategies.

SCHEDULE

8:00 -9:00 Registration and Check In

9:00 - 9:15 Conference Welcome, Pam Esser, M.Ed., Executive Director

9:15-10:30 General Session

AEMP

Current Trends and the Positive Side of ADHD, Mike White, M.D.

Circle your selection in each breakout

Break Out Session #1 10:45— 12:00 Pick 1 of the following 4 sessions

1 *Medication Issues in the Management of ADHD and Comorbid Conditions ****

AEMP

Mike White, M.D.

2 *Transition to Adulthood*, Doug Anderson, B.S.

AEMP

3 *Meeting the Needs of Students with ADHD in the Classroom: Implementing Strategies that will Benefit Every Student*, Mary Ann Lowry, M.Ed.

EMP

4 *Sensory Processing and Integration*, Patricia Stafford, M.A. Ed.

AEMP

12:00 - 1:15 Lunch (on your own) Feel free to bring your own brown bag, especially if attending the lunch session.

12:30 - 1:10 Special Sessions—No CEs

1 *The Advocate Is In*, Q and A, Kym Davis Rogers, Staff Attorney, Disability Rights Texas

2 *The Doctor Is In*, Q and A, Mike White, M.D.

Break Out Session #2 1:15 - 2:30 Pick 1 of the following 4 sessions

1 *Facts, Myths and Signs of Depression*, Debora McDonnell, M.Ed., CSC & Rick Benavidez, M.A. AEMP

2 *Children with ADHD Can Learn Math/Algebra*, Patricia Stafford, M.A. Ed. EMP

3 *The Power of Teaching Teens Wellness*, Christina Tipton, RYT EMP

4 *Career Fit and ADHD*, Doug Anderson, B.S. AMP

Break Out Session #3 2:30 - 2:45 Pick 1 of the following 4 sessions

2:45– 4:00

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| 1 <i>Teaching Calm, Self-Regulation and Compassion to Kids and Adults through Mindfulness - Yoga</i> Alice Redding, LDT, CALT, RCYT and Jill Murawski, RYT, CPT | AEMP |
| 2 <i>Power Struggles and Setting Limits</i> , Rick Benavidez, M.A & Debora McDonnell, M.Ed. | AEMP |
| 3 <i>Have Medication---Now What? How Cognitive Therapy Helps Children with ADHD</i> Patricia Stafford, M.A. Ed. | EMP |
| 4 <i>Daring Greatly w/ ADHD: Developing Shame Resilience when ADHD Gets You Down</i> Mary Ann Lowry, M.Ed. | AEMP |

A - Adults with ADD, Spouses, Parents of adult children, E - Educators, M - Mental Health Professionals,
P - Parents of Children with ADD/ADHD, Ethics CE if attending session with White marked with ***

Topic descriptions, objectives & bios are online to select breakout sessions

Name _____
I am registering as a LPC, LMFT, Parent, Adult with ADD, Social Worker,
Psychologist, Educator, etc.: _____
Address _____ City/State _____
Zip _____ Phone _____ Email _____
How did you hear about this conference? _____

Registration

Space is limited. Call for group, scholarship or student rates.

Fees per person

Fairhill Parents \$50, fax or mail registration, no online registration
ADDA-SR Members \$75
Non-members \$90
Special! Join Now + Attend Conference \$105



CE Certificate? YES NO (5 Credits for LPCs, LMFTs, Social Workers, Psychologists, Educators)

Payment Method: Check, Credit Card, PayPal, School purchase orders accepted. Individual registration forms required. Purchase order # _____
Print Name (as appears on card) _____

Billing Address _____

Zip _____ Card # _____

Exp. Date _____ 3-Digit Validation _____

- Registration must be received in office by Wednesday, February 1, 2017
- Add \$10 for Walk-in Registration

TO SUBMIT SEND BY FAX: 281-894-6883 MAIL: ADDA-SR, 12345 JONES RD., #287-7, HOUSTON, TX 77070

OR REGISTER ONLINE @ WWW.ADDA-SR.ORG